



# Recovery Support Program

**At APM we understand when life and working environments change quickly, maintaining an individual's quality and proactive care is essential.**

Adjusting an individual's recovery to issues such as the impact of COVID-19 enables you to be confident in achieving positive outcomes.

With our new Client Support Plan, an injured or ill workers recovery can better respond to sudden changes that may require quick interventions, biopsychological support or revised timeframes.

Plus, you're able to better manage any impact to compensation premium and risk.

## Staying focused on recovery

Like you, we understand the benefits of reducing the amount of time an injured or ill worker is away from work.

**20 days off work**

**70%** chance of returning to work

**45 days off work**

**50%** chance of returning to work

**70 days off work**

**35%** chance of returning to work

The APM Client Support Plan focuses on progressing an individual through dramatic changes in their circumstances and the impact on their recovery. This includes ensuring they have:

- skills and capacity to meet recovery goals
- clear goals and plans to suit the changing labour market
- access to continued support and innovative capacity building



## Supporting your injured or ill worker

We develop tailored strategies to ensure progress towards recovery and return to work goals - despite the potential impacts of the current environment.

Our team continues to engage and support an individual, with access to community and education tools and resources. The Client Support Plan may include:

- access to Telehealth solutions
- matching vocational goals to current opportunities
- use of social or wellness applications to support recovery goals
- help to set new routines or capacity building activities
- access to virtual employer or treating practitioner meetings

## Award-winning innovation

Using the APMiQ Life Index app, we are able to provide you with an effective and uninterrupted look at your client's progress.

The award-winning psychosocial tool ensures that barriers to a return to health, work and life are identified and managed as appropriate and as part of your client's recovery.



## Tailored interventions

APM is a mobile workforce with more than 25 years' experience in varying services to meet worker, employer and referrer needs.

Our dedicated teams deliver innovations and strategic thinking to achieve positive outcomes.

We enjoy engaging with all our clients and if we can't do it face-to-face, we provide high-quality virtual services, including:

- Initial Needs Assessments
- Medical and treating practitioner case conferencing
- Workplace Assessments
- Workplace meetings
- Brief Ergonomic Reviews (home or office)
- Comprehensive Ergonomic Assessments (home or office)
- Vocational Assessments
- Job matching and job placement services
- Activities of Daily Living Review

Contact APM WorkCare to learn more about how the Recovery Support Program can help you maintain recovery and return-to-work outcomes for your clients.

**Call 1300 967 522 or email [workcare.customers@apm.net.au](mailto:workcare.customers@apm.net.au)**

